



Hofmann Arthritis Institute

The Hofmann Arthritis Institute (HAI) continues to thrive in providing the best care and solutions to patients with joint pain and arthritis. Under my direction for over 11 years, the Institute has expanded care by adding new providers and locations. Hofmann Arthritis Institute was started after my 30 years as a professor at the University of Utah.

Over the past year, I welcomed Dr. Michael Blatter, who not only treats arthritis but is also fellowship trained in orthopedic trauma surgery. Dr. Jonathan Peterson who is a fellowship trained joint replacement surgeon provides a full range of arthroplasty solutions. I have also expanded the practice with new PA's, medical assistants, and support staff to provide our patients with the best, timely, and convenient care possible.

For over 41 years, I have helped thousands of patients get back to the activities they love and reduce joint pain. I will continue to see patients with plenty of back-up of my partners and staff. After January 1, 2023, I will continue to see patients in clinic, but I will do less surgery and primarily assist my new partners in surgery. Whether you have new or chronic joint pain, or if it's just time for a check-up on your joints, make an appointment to see us. Let us help you keep doing what you want to do! I will make sure your future with HAI will serve you long into the future. As always, it is a pleasure being your doctor.

OUR PROVIDERS

- Aaron Hofmann, MD
- Jonathan Peterson, MD
- Michael Blatter, DO
- Zac Burrow, MD DPT
- Joshua Stam, PA-C
- Corbin Wood PA-C



SHOULD I SEE A DOCTOR ABOUT MY JOINT PAIN?

60 is the new 40 and while we're living longer, we also want to be more active, pain-free, and keep doing the things we love. Joint pain is one of the most common reasons people go see a doctor. While arthritis is one of the most common reasons you can have a sore hip, knee, or shoulder, there are lots and lots of other causes and getting the right diagnosis is the most important first step to eliminating joint pain. So whether the pain is new, from an injury, related to sports, or has been bothering you for a long time, you should definitely get it checked out so we can make a plan to keep your joints moving and working how they're supposed to.

At Hofmann Arthritis Institute we're experts in preserving joint function including the latest in non-surgical treatments for joint pain and arthritis like safe medication and topical regimens, joint strengthening exercises, ultrasound guided injections with anti-inflammatories, lubricants, and PRP. And yes, if the arthritis is severe and you need a joint replacement, we have that covered too!

Hofmann Arthritis Institute

Salt Lake Regional Medical Center

A STEWARD FAMILY HOSPITAL



Hofmann Arthritis Institute

Salt Lake City

Salt Lake Regional Campus
24 S. 1100 East, Ste. 101

Layton

Wasatch Peak Medical Plaza
2132 N. 1700 W.

Draper

11613 South State St.

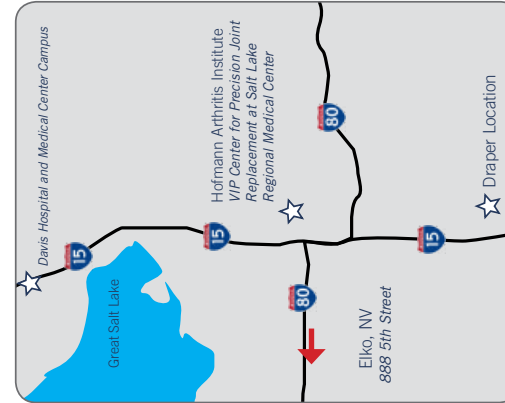
Elko, NV

888 5th Street

Coming Soon to Park City

4137 Highway 224

Salt Lake Regional Medical Center



Schedule an appointment for any of our convenient locations by calling our main number, 801-355-6468 (801-35JOINT).

Mailing Permit

Hofmann Arthritis Institute



The Center for Precision Joint Replacement at Salt Lake Regional

Salt Lake Regional Medical Center

A STEWARD FAMILY HOSPITAL



In Partnership With Physician Owners

What's new in joint replacement surgery?



Total joint replacement has come a long way over the last 10 years. The implants last longer, recovery is quicker, and new technology makes the experience easier and more reliable. Getting a joint replacement used to mean spending days in the hospital, needing a pain pump and then spending weeks in rehab. But not anymore! Advancements in technology let us give you the best, personalized fit. Muscle sparing approaches make recovery quicker and easier. Multimodal pain control and nerve blocks reduce pain and the need for narcotics. We even have robotic and computer navigation technology that helps execute the plan with incredible precision. Having a joint replacement is still a big surgery, but we have lots of non-surgical options as well. So, if you aren't able to do what you want to because of joint pain, I invite you to come in and talk with us about how we can help you get back at it!

Dr. Jonathan Peterson is a fellowship trained arthritis and joint replacement specialist. He graduated Cum Laude from the University of Utah with his Bachelor's degree in Spanish. He graduated Cum Laude from the University of Michigan Medical School. He completed his residency in Orthopedic Surgery at Duke University and then a fellowship in complex joint replacement surgery at the world's largest medical center at the University of Texas Health Science Center at Houston. He specializes in arthritis treatment including partial and full joint replacements, revisions, resurfacing, and modern techniques including quick-recovery, muscle sparing approaches, personalized technology, and robotics.

Joshua Stam, PA-C is now in his third year with Hofmann Arthritis Institute and is trained in ultrasound guided injections and procedures.



NON-SURGICAL OPTIONS FOR ARTHRITIS

If you don't need surgery, what are your other options for finding relief from acute or chronic joint pain? Luckily at Hofmann Arthritis Institute we have expert physicians and other providers that specialize in non-surgical treatment of joint pain including:

- Safe, non-narcotic pain control regimens
- Ultrasound guided injections
- Cortisone and other anti-inflammatories
- Lubricant/gel/hyaluronic acid
- Platelet rich plasma
- Creams, sprays, gels and other topical treatments
- Physical therapy regimens for arthritis or injury
- Cryotherapy
- Braces, wraps, supports
- Natural and holistic options

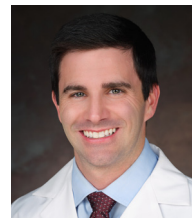
WELCOME CORBIN WOOD PA-C

Corbin Wood, PA-C grew up in the small town of Sugar City, ID. He completed his undergraduate degree in Exercise Physiology at Brigham Young University – Idaho. He went on to complete his medical training at Rocky Mountain University of Health Professions in Provo, UT, earning a Master's Degree in Physician Assistant Studies. Corbin worked in an orthopedic spine practice in Las Vegas, NV before joining the team at Hofmann Arthritis Institute

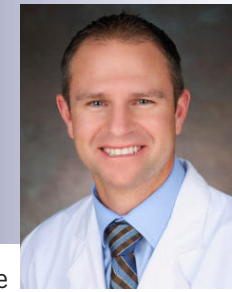


MEET OUR NEW FELLOW!

Zac Burrow, MD DPT joins Hofmann Arthritis Institute as a fellow in joint replacement surgery. He grew up in Broken Arrow, OK and received his undergraduate degree from the University of Oklahoma in Health Studies followed by a doctorate degree in Physical Therapy. He practiced as a physical therapist for 2 years before returning to medical school at the University of Oklahoma. After medical school, he completed an orthopedic surgery residency at the University of Oklahoma. He is enjoying his time in Utah and loves spending time with his family outdoors and watching college football.



Injury-Related Arthritis after Fractures



Post-traumatic arthritis, or the development of arthritis after injury or fractures, can result from trauma occurring in or around joints. At the Hofmann Arthritis Institute, we specialize in treating arthritis of the hip, knee, and shoulder not only for degenerative arthritis that occurs over several months or years, but also arthritis associated with prior fracture and injury. In some instances, fractures near joints can be treated acutely with a joint replacement procedure rather than surgical fixation. Over the last several years, experts in the field of fracture care and joint replacement procedures have come to realize the benefits of arthroplasty to treat these injuries. Often patients are able to get back to their everyday activities with much fewer restrictions when joints are replaced rather than fixed. Weight-bearing and motion can be restored in an expedited manner allowing patients to get back to doing what they love and enjoy. If you have experienced previous injuries that limit your ability to be active and do the activities you once enjoyed please schedule an appointment. Our goal for our patients is to restore function and minimize pain

Michael Blatter, DO is a fellowship-trained Orthopedic Trauma Surgeon. He received his undergraduate degree at Utah Valley University followed by a master's degree in medical health sciences and a doctorate from Touro University Nevada. He completed his orthopedic surgery residency at University Hospitals in Cleveland Ohio and an orthopedic trauma fellowship at Duke University. He specializes in treating both acute and nonunion/malunion fractures in adults as well as joint reconstructive procedures of the shoulder, hip, and knee. He grew up in St. George Utah and is excited to be back in Utah with his wife and 4 boys. In his free time, he enjoys playing sports and doing outdoor activities with his family.

Salt Lake Regional Medical Center has received the Advanced Hip & Knee Replacement Certification from DNV. This certification affirms an organization's excellence in orthopedic surgery within the scope of hip and knee arthroplasty and related procedures inclusive of initial diagnostic services, surgical services, and therapies related to hip and knee replacement care.



OPERATION WALK UTAH RETURNS TO EL SALVADOR

The Hofmann Arthritis Institute team was thrilled to be able to return to San Salvador, El Salvador for the first time since the pandemic began. There was a large waiting list of patients suffering from debilitating arthritis that needed knee and hip replacements. 56 total joint replacements were completed at no cost to the patients or local hospital. We'd like to thank all the nurses, physical therapists, physician assistants, anesthesiologists, surgeons, medical doctors, and support personnel that volunteered their own time and resources to this great organization. It was also wonderful to see some patients who had joint replacements in years past show up to thank the team and help out where they could. For more information about Operation Walk or to make a donation please visit operationwalkutah.org.



Call today to schedule an appt • 801-355-6468